

ELECTRICITY

Electrical outlets in Central America output 110 volts and are similar to U.S. outlets. However they may not accept three-prong or polarized blades (one taller than the other) so we suggest bringing a power adapter on your trip.

TERMS & CONDITIONS

Please visit Journese.com or reference your itinerary for full terms and conditions.

ABOUT JOURNESE

The Luxury Brand of Pleasant Holidays

Journese is a boutique travel provider, creating customized vacations to more than ten countries on four continents. As the luxury brand of Pleasant Holidays, Journese embodies the promise of an immersive vacation experience, with fine travel made easy through world-class concierge service and innovative travel planning. Our vacationers enjoy the world's top resorts, villas, luxury homes, cruises and trains through an unforgettable journey of the senses.

Thank you for choosing Journese.



CUSTOMER SERVICE

From start to finish, we want to make your vacation seamless and memorable. If there are questions before your vacation, your travel advisor will assist you. The day of your journey we are available anytime at:

800.848.9118 or last.minute@journese.com

While in Central America, our local representatives will assist you.

BELIZE	pferguson@discoverybelize.com
Daily	671.0748
After hours	672.1910
COSTA RICA	
GUANACASTE	cservice@catours.net
Daily	4010.1004
After hours	8703.7522
SAN JOSÉ	
Daily	2668.0148
After hours	8881.9114
PANAMA	
GAMBOA TOURS	lcarrera@gamboatours.com
Monday - Friday	269.1262
After hours	6981.4549

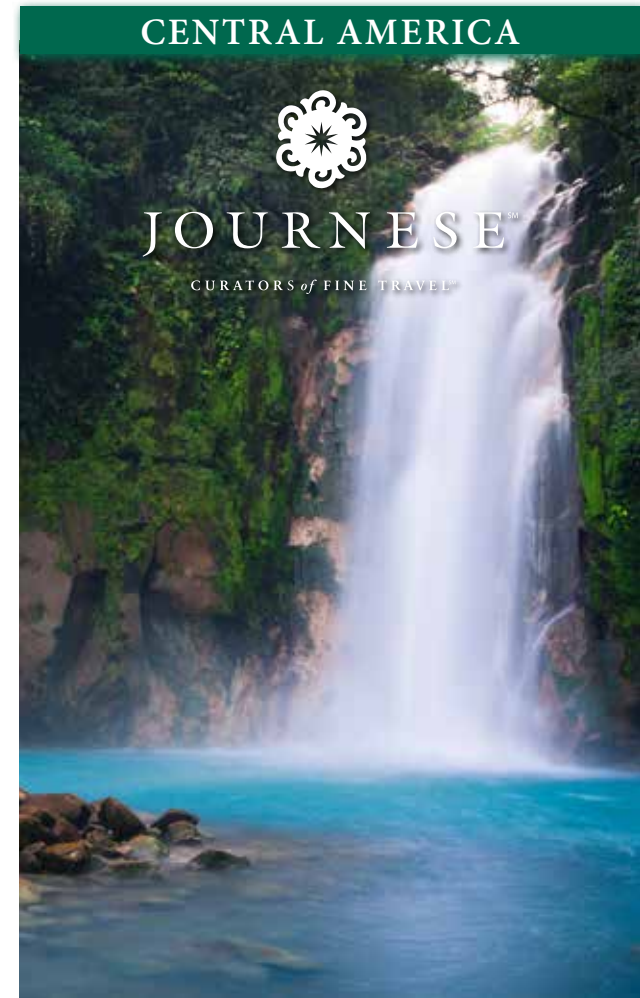
Please have your booking number available.



JOURNESESM

CURATORS of FINE TRAVELSM

CENTRAL AMERICA



JOURNESESM

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THE JOURNESESM EXPERIENCE

Welcome to Journese – Curators of Fine TravelSM. When you travel with us, you not only receive superior service and an exquisite vacation, you also enjoy peace-of-mind and the assurance of a luxury brand serving travelers since 1977. We make sure your journey is memorable and seamless – from beginning to end. Enclosed you'll find tips, contact numbers and helpful details to accompany you on your vacation. Enjoy fine travel made easy – enjoy the Journese experience.

PREPARING FOR THE JOURNEY

The perfect journey starts with being prepared. That's why we created a list of tips and reminders to help:

- Ensure your passport is signed, valid at least six months past your return date, and your name matches your boarding pass. If you need a new passport, you may choose expedited service. Call 877.487.2778 or visit travel.state.gov/passport for more information.
- Check your flight seating and contact your travel advisor if you need to request changes
- Talk with your travel advisor to add activities
- Leave a copy of your ID and itinerary with family
- Prepare small bottles for carry-on – the TSA only allows 3.4 oz. bottles, fitting in a quart-size bag

24 HOURS UNTIL DEPARTURE

- Confirm your flight's time with your airline, and if possible, check in online, paying any baggage fees
- Call your travel advisor or airline if you have questions about check-in times (generally three hours before flight), baggage limits or other regulations
- Check against your packing list to include:
 - Valid passport (details above)
 - Cell phone and charger
 - Power adapter
 - Wallet, credit cards and cash (spread among multiple locations)
 - Toothbrush, toothpaste, make-up, toiletries
 - Layered clothing for diverse weather
 - Swimsuits, sandals, sunglasses and sunscreen
 - Paper and pens, magazines or reading material
 - Vitamins and snacks
 - Medications and doctor information

TRAVEL DOCUMENTS

American citizens need a passport valid at least six months after their return and a return ticket to the United States. Travelers leaving Costa Rica should be prepared to pay a departure tax (approximately \$28 in cash). Non-U.S. citizens should ask their embassy or consulate what travel documentation is needed. Ask your travel advisor about special laws for minors traveling without both parents, if applicable.

CUSTOMS

Your bags will go through customs upon entry and return. Each country has its own customs laws, but generally travelers may not bring plants or produce. Upon return to the U.S. you'll declare the goods you acquired; the duty-free exemption per traveler is usually \$800, plus there are limits on importing alcohol and tobacco products. For details, visit cbp.gov/travel, call 877.227.5511, or speak with your travel advisor. Allow at least three hours to clear customs when connecting to another flight.

TRANSFERS

If you confirmed a private transfer, please refer to your itinerary for details. For airport pickups, a driver will generally greet you outside the airport's main exit with a Journese or supplier sign with your name on it.

HOTELS

Simply show your itinerary and photo ID to the front desk. Your room and taxes are prepaid, though hotels require a credit card for incidentals. The standard check-in time is 3pm and check-out is 11am.

ACTIVITIES

Don't just visit Central America – fully experience it. Plan your excursions with your travel advisor before you travel, so you can enjoy your vacation to the fullest once you arrive. Visit journese.com/experiences for a sample of the options available to you.

CELL PHONES

Please contact your cell phone carrier to determine whether your cell phone service extends to Central America. If you have an unlocked phone that takes a SIM card, you may be able to purchase a SIM card for use abroad.

CURRENCY & EXCHANGE RATES

Belize's currency is the Belizean Dollar, Costa Rica's currency is the colón, and Panama's currency is the Balboa, but U.S. dollars and major credit cards are widely accepted. You can obtain local currency through an ATM or exchange dollars at the airport currency exchange facility, bank or most hotels. Find the latest exchange rates at xe.com.

ATMs & CREDIT CARDS

Contact your bank before departure for information on using your ATM and credit cards while abroad. Notify your bank of your travel dates so your cards will not be suspended due to "suspicious" charges. You may want to leave a photocopy of your cards with someone at home.

WATER

All major resorts use purified water in the restaurants and most provide bottled water in guestrooms. At some hotels it is fine to drink from the tap – if so, there will likely be a note in your room.